

# Parent Passes

What are Parent Passes?

- They are coupons to give children for spending time together.
- They can be used as positive rewards, treats, incentives, and surprises!
- They can be recycled over and over!!
- They are excellent ways to spend quality time with your children.

What is the best way to use them?

- First, print the remaining pages on heavy cardstock. You can even laminate them if you'd like. The last 2 pages should be printed double-sided.
- Read them aloud to your child and sort them into 3 piles. (Older kids can do this alone.)

**Don't  
Like**

**Sometimes  
Like**

**Loves!**

- When sorting, **don't say anything**. You want their honest preferences. Don't feel offended if they don't like doing things that you like to do or you thought they liked doing.
- After sorting is completed. Put the first stack aside for later or for other children. Then put the "Sometimes Like" Parent Passes in an envelope for "Small Rewards" and the "Loves" stack in an envelope for "Big Rewards."
- When your child completes 5 behaviors on a Progress Card, they can redeem a "Small Rewards Parent Pass" or choose to save up when they have practiced 10 behaviors and cash in a "Big Rewards Parent Pass."
- This system lets you know what rewards are most meaningful for your children with minimal time or expense.

**Small  
Rewards**

**Big  
Rewards**

## Parent Pass

This coupon is redeemable for us to play a game of cards together.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for me to come to school to eat lunch with you!

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for me to read you an extra story at bedtime.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for us to go bowling together.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for us to play ball together.  
(Soccer, football, baseball, basketball)

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for us to take a trip to the park to feed the ducks.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for a back rub when you go to bed.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for us to go on a bike ride together.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for getting out of a chore for the week.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for you to eat breakfast in bed!

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for us to play a game of Putt-Putt golf together!

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for us to fly a kite together.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for \$2 for us to play arcade games together.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for me to make your favorite dessert.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for us to go to the mall together.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for us to go to the library together.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for us to go to a museum together.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for you to choose which movie we will watch tonight.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for you to choose your favorite board game for us to play tonight.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for you to pick a meal for us to make together

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for you  
receive a free hair styling.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for  
us to sing your favorite song together.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for  
one free HUG!

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for  
staying up an extra 20 min. tonight  
to look at the stars together.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for us  
to make pictures to bring to kids  
in the Children's Hospital.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for  
us to bake cookies for you to give  
to your teacher.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for  
a free manicure.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for you  
to choose what music we listen to  
on our next car ride together.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for  
us to look at your baby photos.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for us  
to look on the Internet for some  
careers that you want to learn about.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for us to play a computer game together.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for you to sleep on my pillow for one night.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for us to watch a funny video on YouTube together.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for a trip to the Dollar Store and for you to receive \$3 to spend.

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## Parent Pass

This coupon is redeemable for us to make a collage together.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for us to solve a crossword puzzle together.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for us to solve a word search puzzle together.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for me to write you a special letter.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for us to draw together.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for us to search for a geocache around town.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for us to get a new photo taken and printed for each of us to keep.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for us to water the plants together.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for us to take photos around town together.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for us to put a puzzle together.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for us to color together.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for us to go for a walk together.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for us to complete a Sudoku puzzle together.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for us to build a model toy together.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for us to work together and help a neighbor.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for us to visit a grandparent together.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for us to take something apart and put it back together.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for us to play cornhole together.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for us to find some horses to feed.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for us to go roller skating (or rollerblading).

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for us to go fishing together.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for us to go out to eat at a restaurant together.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for us to go swinging at the park together.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for us to play tennis together.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for us to play Legos together.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for us to exercise together.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for you to ask me any 3 questions from the back of this card.

© www.ProgressCards.com

## Parent Pass

This coupon is redeemable for you to ask me any 3 questions from the back of this card.

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<p>What games do you like to play?  Have you ever changed your opinion?  What's your best advice?  When have you had to take a risk?  What would you do with a million dollars?  What's your favorite smell?  When did I last thank you for something?  Have you ever failed at something?</p>	<p>When were you were proud of me?  What is your favorite book or movie?  How did you decide on my name?  What was your favorite part of school?  When was a time you felt embarrassed?  Who has inspired you the most?  How do you relax?  What is a job that you have had?</p>
<p>What was your first date like?  What's your favorite holiday?  How do you relax?  How important is honesty to you?  What's your favorite TV show?  Who do I remind you of?  When have you had to say "No"?  When do you feel creative?</p>	<p>What is your favorite song?  What is something that is hard for you?  What is your favorite meal?  When was a time that you felt angry?  What is a game that you like to play?  Who is someone you look up to?  What were you like in school?  How are you like <u>your</u> parents?</p>
<p>When have you had to be brave?  What's a bad habit that you want to stop?  Did you ever have a surprise party?  What's your most prized possession?  What do you think about cheating?  What happens after people die?  Do you ever pray?  Describe one of your favorite teachers.</p>	<p>What is one of your favorite memories?  What was it like when I was born?  When was a time you felt scared?  Where is one of your favorite places?  What makes you laugh?  What sport did you like best growing up?  What is your favorite season?  How would you describe me?</p>
<p>Has anyone ever let you down?  Have you ever let someone down?  What animal reminds you of me?  When do you feel nervous?  How important is a good attitude?  When have you felt sad?  Where do you go to enjoy nature?  When did you have to save your money?</p>	<p>What do you like to do for fun?  What is a big mistake you have made?  When was a time you felt left out?  When was a time you had to apologize?  What career do you think I could do?  Are you a better talker or listener?  When did you have to hold your tongue?  Who would you like to meet?</p>
<p>Have you ever performed on stage?  What job would you like for a day?  Have you ever been in debt?  When have you felt bored?  What would you write a book about?  What would surprise me about you?  What do you love most about me?  Have you ever been bullied?</p>	<p>When was the last time you were excited?  Who is your best friend?  When have you had to be patient?  What surprises you?  When do you lead? When do you follow?  What would you like to learn?  Have you ever wanted to quit something?  How did you meet my mom/dad?</p>